# Afterschool and Summer Programs Work for New Hampshire

Supporting Academic Growth, Workforce Development, and a Strong Economy

New Hampshire Afterschool Network

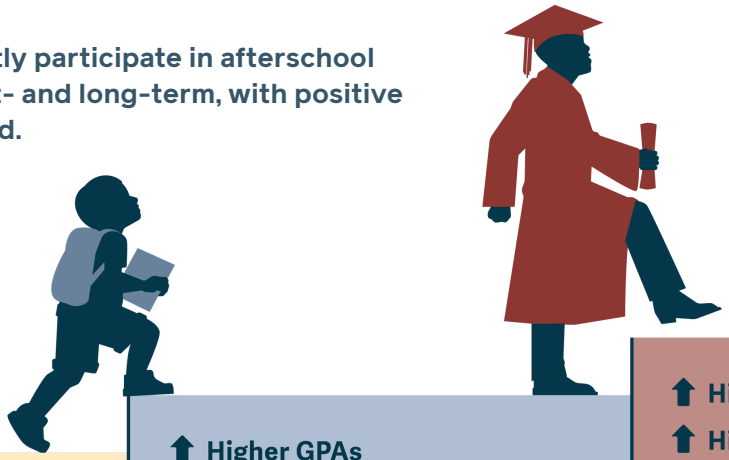
## Afterschool Benefits from Childhood to Adulthood:

### Stronger Learners, Earners, Leaders

**Young people who consistently participate in afterschool programs benefit in the short- and long-term, with positive impacts lasting into adulthood.**

**72%**

of New Hampshire parents say afterschool gets young people excited about learning and improves their attendance



**ELEMENTARY SCHOOL**

- Improved school attendance
- Higher grades
- Improved social skills
- Increased positive relationships with peers and staff

**SECONDARY SCHOOL**

- Higher GPAs
- Higher test scores
- Higher graduation rates
- Improved confidence
- Improved decision-making (reduced drug and alcohol use)

**YOUNG ADULTHOOD**

- Higher earnings
- Higher educational attainment
- More healthy choices (fewer risk-taking behaviors and less police contact)
- Higher community engagement

## Spotlight 21st Century Community Learning Centers

Federally funded 21st Century Community Learning Centers (21st CCLC) work closely with schools, youth and community groups, faith-based organizations, and businesses. Each program is shaped by the local community to best meet the needs of the people and organizations it serves.

**Project Promise**
Bristol, New Hampshire

At Project Promise, students build academic skills through hands-on literacy, math, science, and engineering activities while also developing leadership and civic engagement. This year, members of the program's Youth & Government Club met with Congresswoman Maggie Goodlander to discuss issues important to them, and now they're preparing to participate in Afterschool Alliance's Afterschool for All Challenge in Washington, D.C.—an experience that helps students turn classroom learning into real-world action.

## Our Future Workforce

Afterschool helps develop our future workforce by connecting youth to learning opportunities that help them build skills that prepare them for success in work and life.

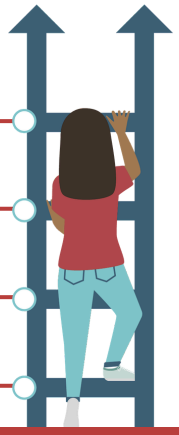
**New Hampshire parents say afterschool helps young people:**

**85%** Develop teamwork, critical thinking, and leadership skills

**83%** Gain responsible decision-making and social skills

**Skills employers need:**

- Teamwork
- Critical Thinking
- Communication
- Leadership



## Healthy Futures

**Afterschool programs provide integral developmental supports:**

- Caring and supportive mentors
- Safe spaces where students build confidence and feel a sense of belonging
- Access to healthy meals and opportunities to be outside

**In turn, these supports help kids:**

- Gain self-control and confidence
- Improve diet quality and boost intake of healthy foods
- Be more physically active
- Build healthy relationships with their peers and adults

**78%**

of New Hampshire parents agree that afterschool supports their child's mental health and well-being

## It's Good Business to Invest in Afterschool

When workers have reliable care for their kids, they can be more productive on the job—and businesses benefit.

**Lack of afterschool costs U.S. businesses up to**

**$300 Billion**

**A YEAR IN LOST PRODUCTIVITY**

**Every $1 invested in afterschool saves at least $3 by:**

- kids' earning potential
- kids' performance at school
- crime and juvenile delinquency

## Empowering Families

**New Hampshire parents say their child's afterschool program:**

**71%** helps them keep their job

**91%** boosts their productivity at work

**9 IN 10 voters say afterschool:**

- strengthens families' economic well-being
- helps parents work
- allows parents to provide for their families

## Demand for Programs is Enormous

Of the **92,000** students whose parents want afterschool programs in New Hampshire, **4 in 5** youth are missing out.

Investing in afterschool and summer programs is a smart way to help young people reach their full potential and build a stronger economy that will benefit generations to come.

**4 in 5**

**youth are missing out**